

AMENDMENTS TO THE SPECIFICATION

Please amend page 7 of the present specification as follows:

Examples

In Table 1 are shown chemical components and ferrite grain sizes of materials used in examples and in Table 2 are shown mechanical properties. Each of the Fe-C-Mn coarse grain steel containing 0.002 mass % C and the Fe-C-Mn-Si coarse grain steel containing 0.25 mass % C has a ferrite grain size of about 20 μm and has a ferrite pearlite structure. The Fe-C-Mn-Si coarse grain steel containing 0.45 mass % C has a tempered martensite structure. The ultra fine grain steel has a ferrite structure in which fine ferrite grains and carbides are dispersed. The ultra ~~dine~~ fine grain steel was formed into a square bar of 18 mm \times 18 mm by rolling with grooved rolls.